



St Brendan's GAA

Injury Policy 2017

Player Injury Schemes/Insurance:

The GAA and Ladies Board have an injury scheme/fund which is funded entirely from Club, GAA and/or Ladies Board funds. The scheme/funds are NOT an Insurance cover and do not seek to compensate fully for injury, rather lessen the hardship to players and officials. The scheme/fund supplements other schemes/insurance cover where applicable. All members should familiarise themselves with the [Men's GAA Injury Policy \(page 9\)](#) or [Ladies GAA Injury Policy](#) and review its features, benefits and exclusions. In order to claim any expenses within this document, the injured party **NEEDS** to be a fully registered and paid member of the GAA.

Procedure to be followed if player is injured at any official GAA training or match

- **If medical attention is required, this should be sought immediately:**
 - Players should attend an emergency department or G.P of their choosing. Players are reminded that the club have discounted rates with the Cabra Medical Centre (01-8300116) and that the Mater Smithfield Rapid Injury Clinic in Smithfield is open 8am-6pm Monday to Friday.
 - St Brendan's CLG agree to reimburse players the Emergency Department charge (€100) or G.P. fee (€35) for players injured at either official GAA training / matches, when appropriate receipts are presented to the club injury officer.
 - St Brendan's CLG will only reimburse fees to access the public health service. If a player opts to attend a private Health Clinic (e.g. VHI Swiftcare) then St Brendan's CLG will only reimburse the equivalent Emergency Department charge (i.e. €100). Players with private medical insurance may have cover to attend some of these clinics, but it is the responsibility of each player to consult their own policy and to contact the clinic prior to attending if necessary.
- **If any MAJOR / MINOR injuries occur or are suspected, Contact your Team Rep AND the Club Injury Officer IMMEDIATELY:**
 - For current Team Rep and Injury Officer contact details, [See Contacts List](#)
- **For injuries requiring medical expenses and/or possible absence from work:**
 - A copy of the Referee's Report must accompany each claim. If a player is injured during a match it must be brought to the attention of the referee at the end of the game so that it is in the report. If an incident is not reported to the match referee then a claim cannot be put forward to the insurance company, and the Club will not be held accountable for any medical expenses on foot of the incident. This is solely the responsibility of the injured player.
 - Players with injuries which may require medical expenses and/or possible absence from work, **MUST** complete the appropriate [Men's GAA Claim Form](#) or [Ladies Claim Form](#) with the required signatures and submit in hard copy to the Injury Officer within **30 DAYS** of the injury. Outstanding documentation such as receipts or medical letters can be forwarded later. If this step is not followed, the injured person will **NOT** be eligible for reimbursement of expenses from the GAA/Ladies injury scheme/Fund, or from St Brendan's CLG.
 - For players wishing to claim against the GAA Scheme and who also have private health insurance (VHI, etc.), a claim can be made against the GAA Scheme but first you must apply under your private policy. If the private policy covers the claim, then that is the end of the matter. However, if there is an excess on the private policy which exceeds the claim, then the GAA Scheme will accept the claim. A statement of account, outlining their position on the claim will be required from the private health insurer, if you wish to claim through the GAA Scheme.
- Once injured, a player must not resume training / matches until fully fit. Returning to active duty prematurely may lead to refusal by the Administrators to pay out for a subsequent related injury.
- It will be assumed that players training with the club, and putting themselves forward for team selection are a fully registered member of the club and are familiar with the Players' Injury Scheme and the Club Policy on Player Injury.

PHYSIOTHERAPY

- Physiotherapy sessions shall be limited to a **MAXIMUM of 6** sessions under the **Ladies Injury Fund**
- Physiotherapy sessions are **NOT** covered under the **GAA Injury Benefit Fund** unless recommended by a surgeon following a surgical procedure to a maximum of €320. Players with minor injuries may, with subject to the pre-approval from the team captain AND club injuries officer, attend physiotherapy for treatment, to a **MAXIMUM OF 3** sessions and **€35 per visit**.

Note: Players and Mentors should take all reasonable precautions to ensure injuries are minimised (e.g. mandatory wearing of helmets in hurling, gum shields, and appropriate footwear)

Injury Contacts List:

Club Injury Officer / 2nd Team Rep:

Damien Daly

087 783 9633

damien.daly6@gmail.com

Hurling Team Rep:

Aidan Melia

086 151 8102

aidanmelia@gmail.com

1st Team Rep:

Alan Walsh

085 726 7649

alanwalsh2006@yahoo.co.uk

Ladies Injury Officer:

Laura O'Connor

087 132 8313

lauraoc18@yahoo.com

Ladies Team Rep

Julie Fox

087 991 5133

juliefox21@gmail.com

Club Affiliated Physiotherapist:



No 18 Berkeley Street, Phibsboro

Telephone: 01 830 0100

StBrendans Player Rate: €45